



ALLERGY ASTHMA IMMUNOLOGY OF ROCHESTER PC

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Certain medications that are used for cold or allergy symptoms (all nighttime preparations and/or sleep aides) will interfere with skin test results and should not be taken prior to skin testing. Please follow the instructions below, being sure to avoid those medications used for cold, allergy, motion sickness and sedation. If you have any questions, please call our office.

Steroid pills (such as Prednisone or Medrol) and inhalers (nasal and lung), Cromolyn, Theophylline, Singular/Accolade, may be continued.

BETA BLOCKERS (found in heart medications and eye drops from glaucoma), should **NOT BE TAKEN FOR 4 DAYS PRIOR TO SKIN TESTING.** Please contact your referring physician before discontinuing these medications.

The following medications should **NOT BE TAKEN FOR 7 DAYS PRIOR TO SKIN TESTING.** It is imperative that you check with your referring physician concerning the safety of discontinuing these medications.

IMIPRAMINE

Imavate
Janimine
Prisamine
SK-Promine
Tofranil

DESIPRAMINE

Norpramine
Pertofrane

DOXEPIN

Adapin
Sinequan

PROTRIPTYLINE

Vivactil

NORTRIPTYLINE

Aventyl
Pamelor

HYDROXYZINE

Atarax
Vistaril
Marax

AMITRYPTILINE

These additional medications containing antihistamines (or their generic equivalents) should **NOT BE TAKEN FOR 7 DAYS PRIOR TO SKIN TESTING**, and can be safely discontinued without checking with your physician.

Advil PM	Co-Pyronil	Loratadine	Sine-Off
Alavert	Coricidin	Marezine	Singlet
Alka Seltzer	Co-Tylenol	Mecilizine	Sinovan
Allegra (any)	Cyproheptadine	Naldecon	Sinubid
Allerx	Dayquil	Nolahist	Sinulin
Aller-Chlor	Deconamine	Nolamine	Sinutab
Allerest	Demazin	Novafed	Sominex
Ambenyl	Dimetane	Novahistine	Sudafed C/A
Antivert	Dimetapp	Nyquil	Tacaryl
Astelin	Disophrol	Nytol	Tagamet
Atrohist	Dorcol	Optimine	Tavist, Tavist D
Axid	Doxylamine	Optivar Eye Drops	Teldrin
Benadryl	Dramamine	Patanol Eye Drops	Temaril
Bromfed	Dristan	Pediacare	Thera/Flu
Buclizine	Drixoral	Pepcid	Triaminic
Calm Aid	Drize	Percogesic	Triaminicol
Cerose DM	Durrax	Periactin	Trinalin
Cetirizine	Diphenhydramine	Phenegran	Trind
Cheracol	Excedrin PM	Polaramine	Tussagesic
Chexit Tablets	Ex-Tendryl	Pseudo-Hist	Tussi 12
Chlorpheniramine	Famotidine	Pyroxate	Tylenol PM/AS/Cold
Chlor-Trimeton	Fedrazil	Quelidrine	Unisom
Cimetidine	Fedahist	Ranitidine (Zantac)	Vicks Formula 44
Citra-Forte	Fexofenadine	Robitussin	Visine A
Clarinet	Fiogesic	Rondec	Xyzal
Claritin (any)	Goody's PM	Ru-Tuss	Zaditor
Codimal DH, DM, PH	Hispril	Rynatan	Zantac
Cogentin	Histaspan	Scot-Tussin	Zyrtec
Comhist	Kronofed	Simple Sleep	Zyrtec-D
Contact	Livostin Eye Drops	Sinerest	Zyrtec Syrup