



# ALLERGY ASTHMA IMMUNOLOGY OF ROCHESTER PC

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Certain medications that are used for cold or allergy symptoms (all nighttime preparations and/or sleep aides) will interfere with skin test results and should not be taken prior to skin testing. Please follow the instructions below, being sure to avoid those medications used for cold, allergy, motion sickness and sedation. If you have any questions, please call our office.

**Steroid pills (such as Prednisone or Medrol) and inhalers (nasal and lung), Cromolyn, Theophylline, Singular/Accolade may be continued.**

**BETA BLOCKERS** (found in heart medications and eye drops for glaucoma), should **NOT BE TAKEN FOR 4 DAYS PRIOR TO SKIN TESTING**. Please contact your referring physician before discontinuing these medications.

The following medications should **NOT BE TAKEN FOR 7 DAYS PRIOR TO SKIN TESTING**. It is imperative that you check with your referring physician concerning the safety of discontinuing these medications.

<b>IMIPRAMINE</b> Imavate Janimine Prisamine SK-Promine Tofranil	<b>DESIPRAMINE</b> Norpramine Pertofrane  <b>NORTRIPTYLIN</b> Aventyl Pamelor	<b>DOXEPIN</b> Adapin Sinequan  <b>HYDROXYZINE</b> Atarax Vistaril Marax	<b>PROTRIPTYLINE</b> Vivactil  <b>ZYRTEC (Cetirizine)</b> Zyrtec-D Zyrtec Syrup
<b>AMITRYPTILINE</b>			

These additional medications containing antihistamines should **NOT BE TAKEN FOR 7 DAYS PRIOR TO SKIN TESTING**, and can be safely discontinued without checking with your physician.

Advil PM Alavert Alka Seltzer Allegra (any) Allerx Aller-Chlor Allerest Ambenyl Antivert Astelin Atrohist Axid Benadryl Bromfed Buclizine Calm Aid Cerose DM Cheracol Chexit Tablets Chlorpheniramine Chlor-Trimeton Cimetidine Citra-Forte Clarinox Claritin (any) Codimal DH, DM, PH Cogentin Comhist	Contac Co-Pyronil Coricidin Co-Tylenol Cyproheptadine Dayquil Deconamine Demazin Dimetane Dimetapp Disophrol Dorcol Doxylamine Dramamine Dristan Drixoral Drize Durrax Diphenhydramine Excedrin PM Ex-Tendryl Famotidine Fedrazil Fedahist Fiogestic Goody's PM Hispril Histaspam	<b>Tagamet</b> <b>Pepcid</b> <b>Zantac</b> <b>Xyzal</b>	Kronofed Livostin Eye Drops Loratadine Marezine Meclizine Naldecon Nolahist Nolamine Novafed Novahistine Nyquil Nytol Optimine Optivar Eye Drops Patanol Eye Drops Pediicare Percogesic Periactin Phenergan Polaramine Pseudo-Hist Pyroxate Quelidrine Ranitidine Robitussin Rondec Ru-Tuss Rynatan	Scot-Tussin Simple Sleep Sinerest Sine-Off Singlet Sinovan Sinubid Sinulin Sinutab Somnax Sudafed C/A Tacaryl Tavist, Tavist D Teldrin Temaril Thera/Flu Triaminic Triaminicol Trinalin Trind Tussagesic Tussi 12 Tylenol PM/AS/Cold Unisom Vicks Formula 44 Visine A Zaditor
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